Kind Mirrors

Reflecting on Success

Joe Miller Founder, Success Coach Awareness to Action Coaching

Gold Standard

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IARA Keynote Kind Mirrors: Reflecting on Success



Joe Miller

Awareness to Action Coaching





















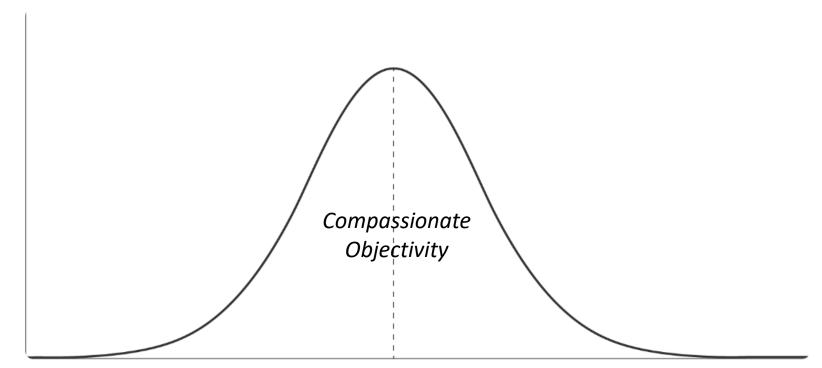




"Empathy is connecting to the emotions that underpin another's experience, and in doing so letting that person know that they are not alone."

-Brene Brown





Emotional Connection

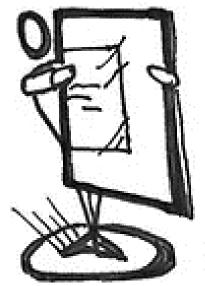
- 1. How we reflect to others
 - What's your true motivation?
 - How curious are you?
 - How can you level up empathy?



2. How others reflect to us







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- What are your emotional indicators?
- What is motivating someone else's feedback to you?
- What are your tendencies as it relates to feedback from others?



2. How others reflect to us

3. How we reflect to ourselves

2. How others reflect to us

3. How we reflect to ourselves

- How much of yourself can you see?
- What is your mission, and how does it align with others'?
- What are you cooking?



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THANK YOU!

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